

Dear bike trip participant and/or parent,

We are so glad that you are interested in our Bike/Serve Trip to Holland MI. This trip is open to anyone going into the 7th grade and older. We have a good weekend planned with a day of service at Benjamin's Hope (<http://www.benjaminshope.net/>) as well as some fun times at the beach.

We will be leaving from Covenant Church on Thursday morning at 9:00 AM and will return to Covenant Church around 4:00 PM on Saturday afternoon. We will be biking to and from Holland. It's about a 36 mile trip each way. We will be camping out either in the backyard of a house or in a church, depending on how many participate in the trip.

Departure: Thursday, July 20, 9:00 AM

Arrival: Saturday, July 22, 4:00 PM

On the opposite page, you will see a sample packing list. Because we are biking, we want to remind you to check the weather forecast and to pack appropriate clothing that will enable you to have an enjoyable experience biking to and from Holland MI.

Finally, since this bike trip is a serve trip, we also encourage you to prepare for our trip by spending time in prayer this week for our time together. Pray that God would speak to us, reveal His will to us and form and shape us as we studying the Bible, his Word, and talk with each other during our devotion sessions. Pray that God would open our hearts to receive what He wants to say to us.

We are looking forward to a great weekend! If you have any questions, don't hesitate to call or email me.

On behalf of the Bike/Serve Trip leadership team.

Pastor Henry

(Please detach and return this half of the form with payment)

Registration Form

2017 Bike / Serve Trip

Name: _____ Gender: F or M

Address: _____ Zip: _____

Grade in School: _____ Phone: _____

E-mail: _____

T-Shirt Size (adult sizes, please circle one): XS S M L XL XXL

Cost of the bike trip is: \$40.00

(if the cost is prohibitive, please talk to Pastor Henry)

Make checks payable to: Covenant CRC

Registration Form & Payment **DUE DATE: SUNDAY JULY 2.**

Mail or give registration form to:

Pastor Henry Schenkel
Covenant Christian Reformed Church
7171 Willard Ave SE
Grand Rapids MI 49548-7361

PARTICIPANT: "I have read and promise to abide by the rules and expectations set for this bike trip and will honor the instructions of the leaders."

_____ Date: _____

Participant Signature (must be signed)

PARENT/GUARDIAN: "I approve my son's/daughter's participation in this bike trip and give permission to qualified medical personnel to treat him/her as necessary. I will come and pick him/her up if he/she should violate rule #1 or creates problems on the trip.

_____ Date: _____

Parent/Guardian Signature (must be signed)

Bike / Serve Trip to Holland MI

“Made in the Image of God”

July 20-22, 2017

Rules and Expectations for our bike trip:

1. No possession or use of alcohol or drugs.
2. No entering rooms of opposite gender
3. You will treat the leaders, other students, other adults, and the property where we will serve and stay with care and respect.
4. Cell phone use is restricted to emergencies only. Phones may be collected by leaders during the retreat if usage becomes a problem
5. You will participate in all planned activities
6. You will observe curfews, quiet times, and lights out
7. You will not leave the group without permission
8. Each participant must have a current Covenant Church Children & Youth Registration/Consent Form on file in order to participate

Violation of #1 will result in parents/guardians being called to come pick you up no matter what time it is. Violation of the other rules will result in the leaders taking appropriate action to resolve the issue at hand.

What to Bring:

A suggested packing list:

- A Bible & something to write with (pen & pencil)
- Sleeping bag, sleeping pad, & pillow; we will be sleeping on the ground
- Toiletries – Toothbrush, toothpaste, brush, deodorant, etc.
- Washcloth/Towel
- Soap/shampoo
- Swimsuit / Towel / Sunscreen
- For serve day: Work Gloves / Hat / Sunglasses
- Appropriate clothing & footwear for biking and serving outdoors!
- **Closed toed shoes are required for biking; no exceptions!**
 - Please check the weather to determine what you need to bring along to be comfortable being outside
- Flashlight

Optional Items

- Camera
- Your favorite card games / board games
- Cell phones-we may collect them if they become a distraction

Wearing a bike helmet and having a bicycle that is in good working order is mandatory for this trip!

Are you ready for a bike trip?