



## A Guide for Spiritual Formation

Theme of the month:	Embracing the Holy Spirit
Text for the Week:	Acts 2:1-13
Message for the Week:	"...In You"
Theme for the Week:	"The Holy Spirit is alive and at work in us."

## Week 6

### Opening:

What is one low (a bad thing) and one high (a good thing) that happened to you this past week? Write them down and take turns sharing them with the others in your group.

Where have you seen the work of the Holy Spirit in your life this past week?

What are you most proud of?

### Preparation:

Spend 1-2 minutes in silence with God to center and prepare yourself for your time with God today.

### Read:

Read [Acts 2:1-13](#) out loud.

What words, phrases, or ideas grabbed your attention and heart in these verses?

Write them down below and/or share them those who are with you.

## Respond / Reflect:

When was the last time that you experienced what R.W. Dale said about D.L Moody?

*"I can see no possible relationship between you and the results you are achieving. It can only be God."*

When was the last time you experienced something that can only be explained by the power of the Holy Spirit in your life?

When have you experienced an empowering of God to witness/testify about Jesus?

Who are you in Jesus Christ? Describe it. Define it. Talk about it with someone.

## "Try It!"

There are spiritual practices/disciplines that help open and prepare us for God to fill us and use us. Practices/Disciplines such as...Waiting, Examen, Solitude, Lectio Divina, Silence, Journaling, Fasting, Scripture Memorization, Gratitude, Visio Divina, Sabbath, Worship, Rest, Unplugging, Self-Examination, Submission, Chastity, Hospitality, Contemplative Prayer.

What three things will you do this week to better prepare for God to use you?

**Prayer:** Spend time in prayer regarding the things God revealed and that you discerned in your time with God today. Also, spend time in prayer for the other people who are with you...

*"Father, I need You. I hunger and thirst for a more vital relationship with You. I admit that I have often tried to be in control of my own life. As a result, I have sinned against You.*

*"Thank You for forgiving my sins through Christ's death on the cross. I now confess and turn from my sins. I surrender the control of my life to the Lord Jesus. By faith, I ask You to fill me with the Holy Spirit as You commanded me to be filled. You promised to fill me if I ask according to Your will. I pray this in the authority of the name of Jesus Christ.*

*"To demonstrate my faith, I now thank You for filling me with Your Holy Spirit and for taking control of my life. Amen."*