

A Guide for Spiritual Formation

Theme of the month: Text for the Week: Message for the Week: Theme for the Week: Tears, Ashes, & Trumpets Habakkuk 2:1-5

"When?"

What do we do when what we see doesn't reconcile with what we know?

Lent 3

Opening:

What is one low (a bad thing) and one high (a good thing) that happened to you this past week? Write them down and take turns sharing them with the others in your group.

Where have you seen the work of the Holy Spirit in your life this past week?

What is hard about waiting for dinner, your birthday, Christmas, a vacation, a vaccine shot?

Preparation:

Spend 1-2 minutes in silence with God to center and prepare yourself for your time with God today.

Read:

Read <u>Habakkuk 2:1-5</u> out loud.

What words, phrases, or ideas grabbed your attention and heart in these verses?

Write them down below and/or share them those who are with you.

Respond / Reflect:

What is hard about waiting for dinner, your birthday, Christmas, a vacation, a vaccine shot?

How does what you believe inform and shape how you live and behave? Give some examples.

To have life is to have sense of vitality, security, health, honor, purpose, and passion. During this pandemic, do you feel that you are living with vitality or just hanging on by your fingertips? If you are just hanging on, what needs to change in your spiritual life for you to live with vitality?

What do you do when God's "When?" and your "When?" do not align?

"Try It!"

This week, during your everyday waiting times (stop lights, carpool lines, check-out line, doctor appointments office, waiting for the internet to come back on, etc.), spend time in prayer for the people around you.

Prayer:

`Spend time in prayer regarding the things God revealed and that you discerned in your time with God today.

Also, spend time in prayer with/for the other people who are with you.

During this season of Lent, we invite you to pray this prayer:

Lord God, in this season of Lent, we look forward to our remembrance of Jesus' death and our celebration of his resurrection. We pray that your Spirit will renew in us today our anticipation for these events and our awareness that Jesus' death and resurrection are a sure source of hope and life. During this Lenten season, we long for your Spirit to both comfort and challenge us, to help us to become more holy and loving. In a world that does not understand repentance, we pray for new understanding, humility, patience, and discipline that will help us die to sin and live for Jesus. AMEN

Missional Practice for the Month:

During the month of March, we encourage you to prayer walk your neighborhood several times each week. As you walk through your neighborhood/community, pray for those who are living in each house you pass. Be open to any conversations with neighbors you may encounter along the way. To learn more about prayer walking click <u>HERE</u>.