



## A Guide for Spiritual Formation

Theme of the month:	Tears, Ashes, & Trumpets
Text for the Week:	Luke 19:28-44
Message for the Week:	"The Tears of God"
Theme for the Week:	Jesus weeps for those who reject him

## Lent 6 – Palm Sunday

### Opening:

What is one low (a bad thing) and one high (a good thing) that happened to you this past week? Write them down and take turns sharing them with the others in your group.

Where have you seen the work of the Holy Spirit in your life this past week?

When was the last time that you wept? What made you weep?

### Preparation:

Spend 1-2 minutes in silence with God to center and prepare yourself for your time with God today.

### Read:

Read [Luke 19:28-44](#) out loud.

What words, phrases, or ideas grabbed your attention and heart in these verses?

## **Respond / Reflect:**

Have you ever seen a movie or a play that made you cry? Why did it make you cry?

Why do we often see crying as a weakness?

Jesus wept over our misunderstanding – Why do people walk away from God’s offer of life and peace?

Jesus wept over our disobedience - As followers of Jesus, are there things that we should be doing, but are not? What are they?

Jesus wept over our rejection of who he was – Judging from his mode of transportation, what type of Messiah is he?

## **“Try It!”**

Have you ever prayed, “Father, teach me to weep for my sins, so that I might weep for the sins of others.”? Try praying this prayer a few times throughout this week. What sins do we need to weep and pray for?

## **Prayer:**

Spend time in prayer regarding the things God revealed and that you discerned in your time with God today.

Also, spend time in prayer with/for the other people who are with you.

During this season of Lent, we invite you to pray this prayer:

Lord God, in this season of Lent, we look forward to our remembrance of Jesus’ death and our celebration of his resurrection. We pray that your Spirit will renew in us today our anticipation for these events and our awareness that Jesus’ death and resurrection are a sure source of hope and life. During this Lenten season, we long for your Spirit to both comfort and challenge us, to help us to become more holy and loving. In a world that does not understand repentance, we pray for new understanding, humility, patience, and discipline that will help us die to sin and live for Jesus. AMEN

## **Missional Practice for the Month:**

During the month of March, we encourage you to prayer walk your neighborhood several times each week. As you walk through your neighborhood/community, pray for those who are living in each house you pass. Be open to any conversations with neighbors you may encounter along the way. To learn more about prayer walking click [HERE](#).

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