

A Guide for Spiritual Formation

Theme of the month: My Heart Christ's Home

Text for the Week: Psalm 78:1-8

Message for the Week: "May I Come In...To The

Work Room?"

Theme for the Week: Be available to God.

Week 5

Opening:

What is one low (a bad thing) and one high (a good thing) that happened to you this past week? Write them down and take turns sharing them with the others in your group.

Where have you seen the work of the Holy Spirit in your life this past week?

What are your hobbies?

Preparation:

Spend 1-2 minutes in silence with God to center and prepare yourself for your time with God today.

Read:

Read Psalm 78:1-8 out loud.

What words, phrases, or ideas grabbed your attention and heart in these verses?

Write them down below and/or share them with those who are with you.

Respond / Reflect:

"It's not our ability God is interested in; it is our availability." How do you go about making yourself available to God on a regular basis to be used by God?

Which of the five "Be's" (Be Inviting; Connecting; Be Generous; Be Serving; Be Praying) comes easiest to you? Which is most difficult?

Do you think it's harder to be a Christian in China or in Cutlerville? Why?

Who was in your "first chair?" Who was influential in leading you to Jesus? For whom are you in the "first chair?" Who are you leading you to Jesus?

"Try It!"

90 Day Tithing Challenge – Read Malachi 3:6-12. This week Pastor Doug challenged us to "Be Generous." For the next 90 days, give the first 10% of your income away to Covenant Church and/or other charitable organizations. See what God does as you live into this challenge.

Pick up and read a copy of the booklet, "My Heart, Christ's Home" by Robert Munger. Editions for both adults and children are available in the narthex.

Try keeping a spiritual journal this summer of what you are learning through this series - both through the messages and in your personal times with God.

Prayer:

Spend time in prayer with/for the other people who are with you.

Pray this prayer: "Lord, I want this heart of mine to be Yours. I want You to settle down here and be fully at home. I want You to use it as Your own. Let me show You around and point out some of the features of the home so that You may be more comfortable. I want You to enjoy our time together. AMEN"

Spiritual Practice for the Month: Invitation

During the month of July, attend one or more of the Wednesday Nights on the Lawn gatherings with someone you know who lives near you, who you work with, who is on your sports team, and/or who you have been praying for. Enjoy getting to know them better!