

MY HEART CHRIST'S HOME

COVENANT CHURCH
SUMMER 2021



A Guide for Spiritual Formation

Theme of the month:	My Heart Christ's Home
Text for the Week:	Matthew 19:1-9 Hebrews 13:4
Message for the Week:	"May I Come In...To The Bedroom?"
Theme for the Week:	Honoring God in our relationships

Week 6

Opening:

What is one low (a bad thing) and one high (a good thing) that happened to you this past week? Write them down and take turns sharing them with the others in your group.

Where have you seen the work of the Holy Spirit in your life this past week?

What, in your estimation, is the most important ingredient in a good marriage?

Preparation:

Spend 1-2 minutes in silence with God to center and prepare yourself for your time with God today.

Read:

Read [Matthew 19:1-9](#) and [Hebrews 13:4](#) out loud.

What words, phrases, or ideas grabbed your attention and heart in these verses?

Write them down below and/or share them with those who are with you.

Respond / Reflect:

What is the difference between a *covenant* and a *contract*? How does this difference apply to marriage? How does it apply to our other relationships?

What are some ways that a hard heart can damage a relationship (not only marriages)?

What advice would you give to a couple contemplating marriage?

What do these words mean to you: honor? purity? judgment? Grace? In your marriage? In your other relationships?

“Try It!”

Sit down with your spouse or a significant person in your life and tell them what you appreciate about them.

Pick up and read a copy of the booklet, “My Heart, Christ’s Home” by Robert Munger. Editions for both adults and children are available in the narthex.

Try keeping a spiritual journal this summer of what you are learning through this series - both through the messages and in your personal times with God.

Prayer:

Spend time in prayer with/for the other people who are with you.

Pray this prayer: “Lord, I want this heart of mine to be Yours. I want You to settle down here and be fully at home. I want You to use it as Your own. Let me show You around and point out some of the features of the home so that You may be more comfortable. I want You to enjoy our time together. AMEN”

Spiritual Practice for the Month: Invitation

During the month of July, attend one or more of the Wednesday Nights on the Lawn gatherings with someone you know who lives near you, who you work with, who is on your sports team, and/or who you have been praying for. Enjoy getting to know them better!