

MY HEART CHRIST'S HOME

COVENANT CHURCH
SUMMER 2021



A Guide for Spiritual Formation

Theme of the month: My Heart Christ's Home
Text for the Week: Colossians 3:23-24
Message for the Week: "May I Come In...To The Rec Room?"
Theme for the Week: The joy of the Lord is our strength

Week 8

Opening:

What is one low (a bad thing) and one high (a good thing) that happened to you this past week?
Write them down and take turns sharing them with the others in your group.

Where have you seen the work of the Holy Spirit in your life this past week?

What, in addition to banana cream pie, proves the existence of God?

Preparation:

Spend 1-2 minutes in silence with God to center and prepare yourself for your time with God today.

Read:

Read [Colossians 3:23-24](#) out loud.

What words, phrases, or ideas grabbed your attention and heart in these verses?

Write them down below and/or share them with those who are with you.

Respond / Reflect:

What are some ways that you experience/experienced God and God's goodness outside of 'religious' activities?

Are you living/working to earn God's favor or in response to God's favor of you? What is the difference?

How have you experienced the joy of the Lord?

What are some things in life that bring you joy?

"Try It!"

Sometime this week, go on a "5 senses" walk. As you walk take note of...what do you see...what do you smell...what do you hear...what do you touch...what could you taste?

What is something that brings you joy that you haven't done in a long time? Try it/Do it before the end of this week!

Pick up and read a copy of the booklet, "My Heart, Christ's Home" by Robert Munger. Editions for both adults and children are available in the narthex.

Try keeping a spiritual journal this summer of what you are learning through this series - both through the messages and in your personal times with God.

Prayer:

Spend time in prayer with/for the other people who are with you.

Pray this prayer of Saint Augustine: "The house of my soul, oh God, is too small for you to come in. May it be enlarged by you. Enable me to celebrate your abundant goodness. AMEN.

Missional/Spiritual Practice for the Month: Serving

During the month of August, identify what ministry area(s) you are going to use your spiritual gifts to serve at Covenant Church. There are a wide variety of different ministry opportunities for you to serve: Hospitality, Children's Ministry, Youth Ministry, Adult Ministry, Nursery, Hand 2 Hand, Kids Hope, Furniture Ministry, Worship Team, and AV Team. Contact any of the ministry staff and let them know where and how you would like to serve at Covenant Church.

Covenant CRC - 7171 Willard Ave SE - Grand Rapids, MI 49548
info@covenant-crc.org | <https://covenant-crc.org/my-heart-christs-home/>