

A Guide for Spiritual Formation

Theme of the month: Text for the Week: Message for the Week: Theme for the Week: My Heart Christ's Home Matthew 7:24-29 "Transferring the Title" We need to build our lives upon Jesus, the rock.

Week 10

Opening:

What is one low (a bad thing) and one high (a good thing) that happened to you this past week? Write them down and take turns sharing them with the others in your group.

Where have you seen the work of the Holy Spirit in your life this past week?

If you could build a dream home, what would it look like and where would you build it?

Preparation:

Spend 1-2 minutes in silence with God to center and prepare yourself for your time with God today.

Read:

Read Matthew 7:24-29 out loud.

What words, phrases, or ideas grabbed your attention and heart in these verses?

Write them down below and/or share them with those who are with you.

Respond / Reflect:

Recall a foolish choice/decision you've made. Why did you do what you did? What was the result? In retrospect, what would you do differently?

What types of "testing" and "storms" have you experienced in your life? How have you gone about weathering these storms?

What is your most memorable learning from this series?

"Try It!"

Review your journal and/or the rooms that we have examined this summer. (Nursery, study, dining room, work room, bedroom, living room, rec room, hall closet) Which of these rooms is Jesus asking you to renovate? Are you willing to do the hard work to make the changes that are needed? Are there areas that you are ignoring because it's easier to leave them be?

Pick up and read a copy of the booklet, "My Heart, Christ's Home" by Robert Munger. Editions for both adults and children are available in the narthex.

Try keeping a spiritual journal this summer of what you are learning through this series - both through the messages and in your personal times with God.

Prayer:

Spend time in prayer with/for the other people who are with you.

O God, we desire to be wise builders in your kingdom. Guide us to be both hearers and doers of your Word. Amen.

Pray this prayer of Saint Augustine: "The house of my soul, oh God, is too small for you to come in. May it be enlarged by you. Enable me to celebrate your abundant goodness. AMEN.

Missional/Spiritual Practice for the Month: Serving

During the month of August, identify what ministry area(s) you are going to use your spiritual gifts to serve at Covenant Church. There are a wide variety of different ministry opportunities for you to serve: Hospitality, Children's Ministry, Youth Ministry, Adult Ministry, Child Care, Hand 2 Hand, Kids Hope, Furniture Ministry, Worship Team, and AV Team. Contact any of the ministry staff and let them know where and how you would like to serve at Covenant Church.