

A Guide for Spiritual Formation

Theme of the month: Extreme Discipleship: Living into Our Mission

Text for the Week: Colossians 1:15-23

Message for the Week: "Sooo Big!"

Theme for the Week: The sovereignty of God;

our God is so big.

Week 3

Opening:

What is one low (a bad thing) and one high (a good thing) that happened to you this past week? Write them down and take turns sharing them with the others in your group.

Where have you seen the work of the Holy Spirit in your life this past week?

As a kid, who was your super-hero? Why?

Preparation:

Spend 1-2 minutes in silence with God to center and prepare yourself for your time with God today.

Read:

Read Colossians 1:15-23 out loud.

What words, phrases, or ideas grabbed your attention and heart in these verses?

Write them down below and/or share them with those who are with you.

Respond / Reflect:

How does the sovereignty, sufficiency, and supremacy of Jesus Christ impact the way you live?

What are you keeping control of in your life that you could/should hand over to a big God?

When have you had a "little God" day recently? How did it go?

Where do you notice the need for reconciliation?

Relational Life - Who is someone that you need to talk to that you have been alienated from? Service Life - Where can/are you serving at Covenant Church? Evangelistic Life - Who is someone that you need to share the gospel with?

Has God been asking you to do something big? What is holding you back?

"Try It!"

List all the names of God that you can think of. As you do, worship God for being all of these things to you.

Read through the book of Colossians once a week during this series. Consider using different translations.

Memorize Colossians 3:17:

And whatever you do, whether in word or deed, do it all in the name of the Lord Jesus, giving thanks to God the Father through Him.

Prayer:

Spend time in prayer with/for the other people who are with you.

Lord, Jesus, thank you for making us and saving us and sustaining us. You, and you alone, are sovereign, sufficient, and supreme. We invite you to come and take you place on the throne of our life. Give us eyes to see you. Give us the ears to hear you. Be Lord of all of our relationships. Give us the courage to live for you and share you with the watching world. In the name of the exalted Christ, Amen.

Missional/Spiritual Practice for the Month: Praying for Others

During the month of September, pray every day for five (one for every finger on your hand) of your neighbors and five of your coworkers/classmates by name. Pray each day for them that...

- God would fill them with the knowledge of His will through all the wisdom and understanding that the Spirit gives
- They might live a life worthy of the Lord and please him in every way
- They might grow in the knowledge of God and be strengthened by the Holy Spirit

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