



## A Guide for Spiritual Formation

Series Theme:	Lord, Teach Us to Pray
Text for the Week:	Matthew 6:9
Message for the Week:	Holy Be Your Name
Theme for the Week:	Making God central in our life

### Week 3

#### Opening:

What is one low (a bad thing) and one high (a good thing) that happened to you this past week? Write them down and take turns sharing them with the others in your group.

Where have you seen the work of the Holy Spirit in your life this past week?

How did you choose your children's names? Or, how did your parents choose your name?

#### Preparation:

Spend 1-2 minutes in silence with God to center and prepare yourself for your time with God today.

#### Read:

Read / Have two people in your group read [Matthew 6:9](#) out loud.

[Clicking this link will bring you to multiple translations.]

As you read and/or listen to the text being read, circle, take note of, highlight, or underline what words, phrases, or ideas grabbed your attention and heart in these verses?

Write them down below and/or share them with those who are with you.

## Respond / Reflect:

How would you define the word holy?

What does it mean to put God in the center of our lives?

How do we react when people use the Lord's name in vain, flippantly, or as an expletive?

How do you / how should we prepare to encounter the holiness of God in worship?

How do/should the words we sing in worship affect our body posture?

Why is it that encountering God in His holiness challenges us into the mission of God?

## "Try It!"

During this worship series on prayer, we are going to be experimenting with different prayer practices each week:

### Practice #3: Prayers of Adoration

This week, as you continue spending 3-5 minutes in prayer, three times a day (morning, noon, night), each time you pray, identify as many of the qualities, characteristics, names, and attributes of God that you can. Try and identify one or more for each letter of the alphabet.

## Prayer:

Spend time in prayer with/for the other people who are with you.

Pray this prayer together:

*"Our Father in heaven, hallowed be your name,<sup>10</sup> your kingdom come, your will be done, on earth as it is in heaven.<sup>11</sup> Give us today our daily bread.<sup>12</sup> And forgive us our debts, as we also have forgiven our debtors.<sup>13</sup> And lead us not into temptation, but deliver us from the evil one."*

Matthew 6:9-13 NIV

## Missional/Spiritual Practice for the Month: Kingdom Prayers

During the month of January, pray this prayer each day, multiple times throughout your day:

*Lord, we pray for an outpouring of your Holy Spirit that you would...*

**REVEAL** Christ to us,

**SHAPE** us in the character of Christ, and

**EQUIP** us for the mission of Christ. Amen

If you would like a background photo of this prayer for the home screen of your phone, please contact the church office and we will email it to you.

## Matthew 6:9 New International Version

<sup>9</sup> "This, then, is how you should pray:

"Our Father in heaven,  
hallowed be your name,

## Matthew 6:9 The Message

With a God like this loving you, you can pray very simply.

Like this:

Our Father in heaven,  
Reveal who you are.