



A Guide for Spiritual Formation

Series Theme: The Gospel According to Peter
Text for the Week: Mark 10:17-22
Message for the Week: The Right Question
Theme for the Week: "Come, follow me."

Week 4

Opening:

What is one low (a bad thing) and one high (a good thing) that happened to you this past week? Write them down and take turns sharing them with the others in your group.

Where have you seen the work of the Holy Spirit in your life this past week?

What are you longing for more of in life?

Preparation:

Spend 1-2 minutes in silence with God to center and prepare yourself for your time with God today.

Read:

Read / Have two people in your group read [Mark 10:17-22](#) out loud.

[Clicking this link will bring you to multiple translations.]

As you read and/or listen to the text being read, circle, take note of, highlight, or underline what words, phrases, or ideas grabbed your attention and heart in these verses?

Write them down below and/or share them with those who are with you.

Respond / Reflect:

Why did Jesus tell the young man to sell all his possessions and to come follow him?

What must we do to inherit eternal life? How do you try to earn your eternal life?

If Jesus said to you, "One thing you lack," what might that thing be?

On a scale of 1-10, how teachable are you? How willing are you to learn from Jesus, follow him, and walk in the dust of our rabbi?

On a scale of 1-10, how obedient are you? Do you always keep the commandments? Do your actions demonstrate your dedication to following Jesus?

On a scale of 1-10, how strongly do you believe that Jesus is God and that eternal life can only be found in him? Why did you pick the number you did?

What is this life really about? Where is its meaning, its purpose, its joy?

Pastor Doug says, "We have gone from trying to follow Jesus to wanting to get something from Jesus." Why are you following Jesus?

"Try It!"

Inventory your life. What might God be calling you to give up in order to follow him?

Prayer:

Spend time in prayer with/for the other people who are with you.

Pray this prayer together:

Father, we long to live a purposeful life, an impactful life, and a long eternal life. Thank you that Jesus makes that possible. Thank you for your and Jesus' unconditional, life-transforming love. Make us teachable. Make us obedient. Make us aware of Christ's presence with us throughout our day. Make us more like Jesus. Father, thank you for the privilege of following Jesus here and throughout eternity. In Jesus name, Amen.

Missional/Spiritual Practice for the Month: Praying for Neighbors

During the season of Lent, we are encouraged to give something up to deepen our relationship with God and each other. Each day during the month of March, take time during your day from doing something else to pray for one of your neighbors. You could pray for a different neighbor each day of the week or for the same neighbor every day.

Mark 10:17-22 (NIV)

¹⁷ As Jesus started on his way, a man ran up to him and fell on his knees before him. “Good teacher,” he asked, “what must I do to inherit eternal life?”

¹⁸ “Why do you call me good?” Jesus answered. “No one is good—except God alone. ¹⁹ You know the commandments: ‘You shall not murder, you shall not commit adultery, you shall not steal, you shall not give false testimony, you shall not defraud, honor your father and mother.’^[a]”

²⁰ “Teacher,” he declared, “all these I have kept since I was a boy.”

²¹ Jesus looked at him and loved him. “One thing you lack,” he said. “Go, sell everything you have and give to the poor, and you will have treasure in heaven. Then come, follow me.”

²² At this the man’s face fell. He went away sad, because he had great wealth.

Mark 10:17-22 (Message)

¹⁷ As he went out into the street, a man came running up, greeted him with great reverence, and asked, “Good Teacher, what must I do to get eternal life?”

¹⁸⁻¹⁹ Jesus said, “Why are you calling me good? No one is good, only God. You know the commandments: Don’t murder, don’t commit adultery, don’t steal, don’t lie, don’t cheat, honor your father and mother.”

²⁰ He said, “Teacher, I have—from my youth—kept them all!”

²¹ Jesus looked him hard in the eye—and loved him! He said, “There’s one thing left: Go sell whatever you own and give it to the poor. All your wealth will then be heavenly wealth. And come follow me.”

²² The man’s face clouded over. This was the last thing he expected to hear, and he walked off with a heavy heart. He was holding on tight to a lot of things, and not about to let go.