



## A Guide for Spiritual Formation

Series Theme: The Gospel According to Peter  
Text for the Week: Mark 16:1-8  
Message for the Week: He is Not Here! He Has Risen!  
Theme for the Week: Changed by the Resurrection

## Easter Sunday!

### Opening:

What is one low (a bad thing) and one high (a good thing) that happened to you this past week? Write them down and take turns sharing them with the others in your group.

Where have you seen the work of the Holy Spirit in your life this past week?

How do you celebrate Easter?

### Preparation:

Spend 1-2 minutes in silence with God to center and prepare yourself for your time with God today.

### Read:

Read / Have two people in your group read [Mark 16:1-8](#) out loud.

[Clicking this link will bring you to multiple translations.]

As you read and/or listen to the text being read, circle, take note of, highlight, or underline what words, phrases, or ideas grabbed your attention and heart in these verses?

Write them down below and/or share them with those who are with you.

## **Respond / Reflect:**

What does Jesus' resurrection demand from us who follow him?

Are you someone who wants God to give you what you want or who embraces what God wants to give? Why?

How is Jesus' resurrection continuing to change you?

If you were one of the women who went to the tomb on the first Easter Sunday morning, how would you react seeing the empty tomb and encountering an angel instead?

Where is your Galilee? Where is Jesus going ahead of you and calling you to meet him?

## **“Try It!”**

As you gather with family and friends on this Easter Sunday and/or throughout the week, talk with one another about how Jesus' resurrection is continuing to change and form your life.

## **Prayer:**

Spend time in prayer with/for the other people who are with you.

Pray this prayer together:

*Father, we celebrate the resurrection of your Son and our Savior Jesus Christ. We thank you that he sits at your right hand and is alive in each of us. Father, we are your temple; we are your body; we are your witnesses. If every wall should crumble and every church decay, we are your habitation! Ours are the eyes with which you look out with compassion in the world. Ours are the hands and feet active in fulfilling your mission. Ours is the voice that testifies to your Gospel. And now, take us outside, Lord Jesus – outside holiness, outside to where soldiers curse and nations clash, out to the crossroads of this world, so your suffering, death, and resurrection will continue to bring you glory! We ask this in the name of the risen Christ, Amen.*

## **Missional/Spiritual Practice for the Month: Connecting with Neighbors**

During the season of Lent, we are encouraged to give something up to deepen our relationship with God and each other. Each day during the month of April, take time during your day from doing something else to connect with one of your neighbors. You could stop and say hello, bring them a plate of cookies, help them with spring clean-up in their yard, go for a walk together through your neighborhood or a nearby park, have them over for dinner, bring them flowers to enjoy, or something else the Spirit of God prompts you to do.