



# A Guide for Spiritual Formation

Text for the Week: Acts 9:1-19a

Message for the Week: God Stops Us

Sunday, March 10

## Opening:

What is one low (a bad thing) and one high (a good thing) that happened to you this past week? Write them down and take turns sharing them with the others in your group.

Where have you seen the work of the Holy Spirit in your life this past week?

What is the biggest surprise that you have experienced?

## **Preparation**:

Spend 1-2 minutes in silence with God to center and prepare yourself for your time with God today.

Read:

Read / Have two people in your group read <u>Acts 9:1-19a</u> out loud. [Clicking the link will bring you to multiple translations.]

As you read and/or listen to the text being read, circle, highlight, or underline what words, phrases, or ideas grabbed your attention and heart in these verses?

Write them down below and/or share them with those who are with you.

### Respond / Reflect:

Imagine being blind for three days. What would that be like? What do you think was happening inside Saul's head and heart during the three days?

How was Saul changed? What had to change "inside" of Saul? How are we changed? What must change "inside" of us?

Saul was blind to a lot of different things. Are there things that we are blind to and need to see?

Saul AND Ananias had to learn to be attentive to the voice/Spirit of God. When, where, and how are you attentive to the voice of God?

What things is God doing in this story?

#### Try It:

Saul was forced to give up everything for three days to hear and learn from God. Is there something that you need to give up for three days to hear and learn from God? Give it up. Listen. Learn.

#### **Prayer**:

Spend time in prayer with/for the other people who are with you. Pray this prayer together:

Father, show us the things we pursue that blind us to you and who you are. Transform us, by the power of the Holy Spirit, and take our hearts of stone and give us hearts of flesh that desire the things of God. May we, in that transforming grace, share the gospel everywhere. AMEN

#### Missional/Spiritual Practice: Grace

I commit to loving Jesus with all my heart, soul, mind, and strength knowing I have been saved by grace because of Jesus' death and resurrection; this is a free gift, not the result of anything I have done.

I commit to sharing my testimony of what God has done and continues to do in my life by his grace regularly and boldly as I am led by the Spirit.

Covenant CRC - 7171 Willard Ave SE - Grand Rapids, MI 49548 info@covenant-crc.org | https://covenant-crc.org/

## Acts 9:1-9

## New International Version

9 Meanwhile, Saul was still breathing out murderous threats against the Lord's disciples. He went to the high priest <sup>2</sup> and asked him for letters to the synagogues in Damascus, so that if he found any there who belonged to the Way, whether men or women, he might take them as prisoners to Jerusalem. <sup>3</sup> As he neared Damascus on his journey, suddenly a light from heaven flashed around him. <sup>4</sup> He fell to the ground and heard a voice say to him, "Saul, Saul, why do you persecute me?" <sup>5</sup> "Who are you, Lord?" Saul asked.

"I am Jesus, whom you are persecuting," he replied. <sup>6</sup> "Now get up and go into the city, and you will be told what you must do."

<sup>7</sup> The men traveling with Saul stood there speechless; they heard the sound but did not see anyone. <sup>8</sup> Saul got up from the ground, but when he opened his eyes he could see nothing. So they led him by the hand into Damascus. <sup>9</sup> For three days he was blind, and did not eat or drink anything.

<sup>10</sup> In Damascus there was a disciple named Ananias. The Lord called to him in a vision, "Ananias!" "Yes, Lord," he answered.

<sup>11</sup>The Lord told him, "Go to the house of Judas on Straight Street and ask for a man from Tarsus named Saul, for he is praying. <sup>12</sup>In a vision he has seen a man named Ananias come and place his hands on him to restore his sight."

<sup>13</sup> "Lord," Ananias answered, "I have heard many reports about this man and all the harm he has done to your holy people in Jerusalem. <sup>14</sup> And he has come here with authority from the chief priests to arrest all who call on your name."

<sup>15</sup> But the Lord said to Ananias, "Go! This man is my chosen instrument to proclaim my name to the Gentiles and their kings and to the people of Israel. <sup>16</sup> I will show him how much he must suffer for my name."

<sup>17</sup> Then Ananias went to the house and entered it. Placing his hands on Saul, he said, "Brother Saul, the Lord—Jesus, who appeared to you on the road as you were coming here—has sent me so that you may see again and be filled with the Holy Spirit." <sup>18</sup> Immediately, something like scales fell from Saul's eyes, and he could see again. He got up and was baptized, <sup>19</sup> and after taking some food, he regained his strength.

### The Message

9<sup>1-2</sup> All this time Saul was breathing down the necks of the Master's disciples, out for the kill. He went to the Chief Priest and got arrest warrants to take to the meeting places in Damascus so that if he found anyone there belonging to the Way, whether men or women, he could arrest them and bring them to Jerusalem.

<sup>3-4</sup> He set off. When he got to the outskirts of Damascus, he was suddenly dazed by a blinding flash of light. As he fell to the ground, he heard a voice: "Saul, Saul, why are you out to get me?"
<sup>5-6</sup> He said, "Who are you, Master?"

"I am Jesus, the One you're hunting down. I want you to get up and enter the city. In the city you'll be told what to do next."

<sup>7-9</sup> His companions stood there dumbstruck—they could hear the sound, but couldn't see anyone—while Saul, picking himself up off the ground, found himself stone-blind. They had to take him by the hand and lead him into Damascus. He continued blind for three days. He ate nothing, drank nothing.
<sup>10</sup> There was a disciple in Damascus by the name of Ananias. The Master spoke to him in a vision: "Ananias."

"Yes, Master?" he answered.

<sup>11-12</sup> "Get up and go over to Straight Avenue. Ask at the house of Judas for a man from Tarsus. His name is Saul. He's there praying. He has just had a dream in which he saw a man named Ananias enter the house and lay hands on him so he could see again."

<sup>13-14</sup> Ananias protested, "Master, you can't be serious. Everybody's talking about this man and the terrible things he's been doing, his reign of terror against your people in Jerusalem! And now he's shown up here with papers from the Chief Priest that give him license to do the same to us." <sup>15-16</sup> But the Master said, "Don't argue. Go! I have picked him as my personal representative to non-Jews and kings and Jews. And now I'm about to show him what he's in for—the hard suffering that goes with this job."

<sup>17-19</sup> So Ananias went and found the house, placed his hands on blind Saul, and said, "Brother Saul, the Master sent me, the same Jesus you saw on your way here. He sent me so you could see again and be filled with the Holy Spirit." No sooner were the words out of his mouth than something like scales fell from Saul's eyes—he could see again! He got to his feet, was baptized, and sat down with them to a hearty meal.