



A Guide for Spiritual Formation

Text for the Week: Mark 10:17-31

Message for the Week: What Is Good

Sunday, November 3

Opening:

What is one low (a bad thing) and one high (a good thing) that happened to you this past week? Write them down and take turns sharing them with the others in your group.

Where have you seen the work of the Holy Spirit in your life this past week?

What kind of candy do you consider good?

Preparation:

Spend 1-2 minutes in silence with God to center and prepare yourself for your time with God today.

Read:

Read / Have two people in your group read [Mark 10:17-31](#) out loud.

[Clicking the link will bring you to multiple translations.]

As you read and/or listen to the text being read, circle, highlight, or underline what words, phrases, or ideas grabbed your attention and heart in these verses?

Write them down below and/or share them with those who are with you.

Respond / Reflect:

What makes us good? If goodness is the uprightness of heart and life, how do we achieve this?

Is the rich young ruler in the story good? Why or why not? Are you good? Why or why not?

What was toxic within the rich young ruler? What is toxic to/within your soul? Are you aware of any toxicity?

Jesus tells the rich young ruler to "Go, Sell, Give, Follow." What would you have a hard time giving up? What would make you sad if you no longer were able to have something?

Is God's grace sufficient? Do you trust that His grace is sufficient?

What do you make of Jesus promise at the end of the story in verses 29-31? What does Jesus promise? Do you believe what Jesus promises is true?

Take Away:

What is a main point or key message that you learned, understood, observed, or experienced that you are taking away with you from your group's reflections on the bible passage or your group's conversations today?

Prayer:

Spend time in prayer with/for the other people who are with you. Who in your group needs prayer today? Who in your group will you pray for?

Pray this prayer together:

Father, we confess today that we struggle to let go of the "stuff" of this world, the power, the money, the symbols, and so many more things. Give each of us the faith that we need to know that your grace alone is sufficient for this life. AMEN

"Try It" - Putting our Faith into Action:

What thing(s) might God be inviting you to hold more loosely to hold on to God more tightly? Let them go. Hold onto God.

Galatians 5:22-26

²² But the fruit of the Spirit is love, joy, peace, patience, kindness, goodness, faithfulness, ²³ gentleness and self-control. Against such things there is no law. ²⁴ Those who belong to Christ Jesus have crucified the flesh with its passions and desires. ²⁵ Since we live by the Spirit, let us keep in step with the Spirit. ²⁶ Let us not become conceited, provoking and envying each other.

Mark 10:17-31 - New International Version

10 ¹⁷ As Jesus started on his way, a man ran up to him and fell on his knees before him. "Good teacher," he asked, "what must I do to inherit eternal life?"

¹⁸ "Why do you call me good?" Jesus answered. "No one is good—except God alone. ¹⁹ You know the commandments: 'You shall not murder, you shall not commit adultery, you shall not steal, you shall not give false testimony, you shall not defraud, honor your father and mother.'^[a]"

²⁰ "Teacher," he declared, "all these I have kept since I was a boy."

²¹ Jesus looked at him and loved him. "One thing you lack," he said. "Go, sell everything you have and give to the poor, and you will have treasure in heaven. Then come, follow me."

²² At this the man's face fell. He went away sad, because he had great wealth.

²³ Jesus looked around and said to his disciples, "How hard it is for the rich to enter the kingdom of God!"

²⁴ The disciples were amazed at his words. But Jesus said again, "Children, how hard it is^[b] to enter the kingdom of God! ²⁵ It is easier for a camel to go through the eye of a needle than for someone who is rich to enter the kingdom of God."

²⁶ The disciples were even more amazed, and said to each other, "Who then can be saved?"

²⁷ Jesus looked at them and said, "With man this is impossible, but not with God; all things are possible with God."

²⁸ Then Peter spoke up, "We have left everything to follow you!"

²⁹ "Truly I tell you," Jesus replied, "no one who has left home or brothers or sisters or mother or father or children or fields for me and the gospel ³⁰ will fail to receive a hundred times as much in this present age: homes, brothers, sisters, mothers, children and fields—along with persecutions—and in the age to come eternal life. ³¹ But many who are first will be last, and the last first."

Footnotes

a. Mark 10:19 Exodus 20:12-16; Deut. 5:16-20

b. Mark 10:24 Some manuscripts *is for those who trust in riches*

Mark 10:17-31 - The Message

10¹⁷ As he went out into the street, a man came running up, greeted him with great reverence, and asked, "Good Teacher, what must I do to get eternal life?"

¹⁸⁻¹⁹ Jesus said, "Why are you calling me good? No one is good, only God. You know the commandments: Don't murder, don't commit adultery, don't steal, don't lie, don't cheat, honor your father and mother."

²⁰ He said, "Teacher, I have—from my youth—kept them all!"

²¹ Jesus looked him hard in the eye—and loved him! He said, "There's one thing left: Go sell whatever you own and give it to the poor. All your wealth will then be heavenly wealth. And come follow me."

²² The man's face clouded over. This was the last thing he expected to hear, and he walked off with a heavy heart. He was holding on tight to a lot of things, and not about to let go.

²³⁻²⁵ Looking at his disciples, Jesus said, "Do you have any idea how difficult it is for people who 'have it all' to enter God's kingdom?" The disciples couldn't believe what they were hearing, but Jesus kept on: "You can't imagine how difficult. I'd say it's easier for a camel to go through a needle's eye than for the rich to get into God's kingdom."

²⁶ *That* got their attention. "Then who has any chance at all?" they asked.

²⁷ Jesus was blunt: "No chance at all if you think you can pull it off by yourself. Every chance in the world if you let God do it."

²⁸ Peter tried another angle: "We left everything and followed you."

²⁹⁻³¹ Jesus said, "Mark my words, no one who sacrifices house, brothers, sisters, mother, father, children, land—whatever—because of me and the Message will lose out. They'll get it all back, but multiplied many times in homes, brothers, sisters, mothers, children, and land—but also in troubles. And then the bonus of eternal life! This is once again the Great Reversal: Many who are first will end up last, and the last first."