

# A Guide for Spiritual Formation

Text for the Week: Deuteronomy 6

Message for the Week: What does a conformed

faith look like?

Sunday, May 4

# **Opening:**

What is one low (a bad thing) and one high (a good thing) that happened to you this past week? Write them down and take turns sharing them with the others in your group.

Where have you seen the work of the Holy Spirit in your life this past week?

Have you ever taken credit for something that you didn't do? What was it? Why did you do it?

#### **Preparation:**

Spend 1-2 minutes in silence with God to center and prepare yourself for your time with God today.

#### Read:

Read / Have two people in your group read <u>Deuteronomy 6</u> out loud. Read The Message version too. [Clicking the link will bring you to multiple translations.]

As you read and/or listen to the text being read, circle, highlight, or underline what words, phrases, or ideas grabbed your attention and heart in these verses?

Write them down below and/or share them with those who are with you.

#### **Respond / Reflect:**

How would we go about obeying God's commands in these verses literally?

What is God true intent of His instruction in verses 6-9?

What is your motivation for following God's instruction? Why do you follow God's instruction?

What role did God play in getting Israel to the promised land? What role did Israel play in getting to the promised land?

What is God's role in how you got to this stage in your life?

How do you go about impressing, writing, and inscribing God's instruction on your hearts? On the hearts of your children?

When you are asked about your faith, what do you say?

What kind of life are we promised if we embrace God's instruction found in these verses?

When we are pleased and content, what are we apt to forget?

Is God's instruction a list or a lifestyle? Why?

#### **Take Away:**

What is a main point or key message that you learned, understood, observed, or experienced that you are taking away with you from your group's reflections on the bible passage or your group's conversations today?

### **Prayer:**

Spend time praying with/for the other people who are with you. Who in your group needs prayer today? Who in your group will you pray for?

Pray this prayer together:

Father, help us to live in the light of your word. Help us to understand the heart of what you desire for us so we live out our life here for the praise of your name. AMEN

#### "Try It" - Putting our Faith into Action:

Ask someone this week: ""What do the requirements and regulations and rules that God, their God, has commanded mean to them?" When they are finished responding, tell them what God's commands also mean to you.

# **Deuteronomy 6 - New International Version**

6 <sup>1</sup>These are the commands, decrees and laws the Lord your God directed me to teach you to observe in the land that you are crossing the Jordan to possess, <sup>2</sup> so that you, your children and their children after them may fear the Lord your God as long as you live by keeping all his decrees and commands that I give you, and so that you may enjoy long life. <sup>3</sup> Hear, Israel, and be careful to obey so that it may go well with you and that you may increase greatly in a land flowing with milk and honey, just as the Lord, the God of your ancestors, promised you. <sup>4</sup> Hear, O Israel: The Lord our God, the Lord is one. <sup>[a] 5</sup> Love the Lord your God with all your heart and with all your soul and with all your strength. <sup>6</sup> These commandments that I give you today are to be on your hearts. <sup>7</sup> Impress them on your children. Talk about them when you sit at home and when you walk along the road, when you lie down and when you get up. <sup>8</sup> Tie them as symbols on your hands and bind them on your foreheads. <sup>9</sup> Write them on the doorframes of your houses and on your gates.

<sup>10</sup> When the Lord your God brings you into the land he swore to your fathers, to Abraham, Isaac and Jacob, to give you—a land with large, flourishing cities you did not build, <sup>11</sup> houses filled with all kinds of good things you did not provide, wells you did not dig, and vineyards and olive groves you did not plant—then when you eat and are satisfied, <sup>12</sup> be careful that you do not forget the Lord, who brought you out of Egypt, out of the land of slavery. <sup>13</sup> Fear the Lord your God, serve him only and take your oaths in his name. <sup>14</sup> Do not follow other gods, the gods of the peoples around you; <sup>15</sup> for the Lord your God, who is among you, is a jealous God and his anger will burn against you, and he will destroy you from the face of the land. <sup>16</sup> Do not put the Lord your God to the test as you did at Massah. <sup>17</sup> Be sure to keep the commands of the Lord your God and the stipulations and decrees he has given you. <sup>18</sup> Do what is right and good in the Lord's sight, so that it may go well with you and you may go in and take over the good land the Lord promised on oath to your ancestors, <sup>19</sup> thrusting out all your enemies before you, as the Lord said.

<sup>20</sup> In the future, when your son asks you, "What is the meaning of the stipulations, decrees and laws the Lord our God has commanded you?" <sup>21</sup> tell him: "We were slaves of Pharaoh in Egypt, but the Lord brought us out of Egypt with a mighty hand. <sup>22</sup> Before our eyes the Lord sent signs and wonders—great and terrible—on Egypt and Pharaoh and his whole household. <sup>23</sup> But he brought us out from there to bring us in and give us the land he promised on oath to our ancestors. <sup>24</sup> The Lord commanded us to obey all these decrees and to fear the Lord our God, so that we might always prosper and be kept alive, as is the case today. <sup>25</sup> And if we are careful to obey all this law before the Lord our God, as he has commanded us, that will be our righteousness."

#### **Footnotes**

a. <u>Deuteronomy 6:4</u> Or The Lord our God is one Lord; or The Lord is our God, the Lord is one; or The Lord is our God, the Lord

# **Deuteronomy 6 – The Message**

#### **Deuteronomy 6**

- **6** <sup>1-2</sup> This is the commandment, the rules and regulations, that God, your God, commanded me to teach you to live out in the land you're about to cross into to possess. This is so that you'll live in deep reverence before God lifelong, observing all his rules and regulations that I'm commanding you, you and your children and your grandchildren, living good long lives.
- <sup>3</sup> Listen obediently, Israel. Do what you're told so that you'll have a good life, a life of abundance and bounty, just as God promised, in a land abounding in milk and honey.
- <sup>4</sup> Attention, Israel!

God, our God! God the one and only!

- <sup>5</sup> Love God, your God, with your whole heart: love him with all that's in you, love him with all you've got! 6-9 Write these commandments that I've given you today on your hearts. Get them inside of you and then get them inside your children. Talk about them wherever you are, sitting at home or walking in the street; talk about them from the time you get up in the morning to when you fall into bed at night. Tie them on your hands and foreheads as a reminder; inscribe them on the doorposts of your homes and on your city gates.
- <sup>10-12</sup> When God, your God, ushers you into the land he promised through your ancestors Abraham, Isaac, and Jacob to give you, you're going to walk into large, bustling cities you didn't build, well-furnished houses you didn't buy, come upon wells you didn't dig, vineyards and olive orchards you didn't plant. When you take it all in and settle down, pleased and content, make sure you don't forget how you got there—God brought you out of slavery in Egypt.
- <sup>13-19</sup> Deeply respect God, your God. Serve and worship him exclusively. Back up your promises with his name only. Don't fool around with other gods, the gods of your neighbors, because God, your God, who is alive among you is a jealous God. Don't provoke him, igniting his hot anger that would burn you right off the face of the Earth. Don't push God, your God, to the wall as you did that day at Massah, the Testing-Place. Carefully keep the commands of God, your God, all the requirements and regulations he gave you. Do what is right; do what is good in God's sight so you'll live a good life and be able to march in and take this pleasant land that God so solemnly promised through your ancestors, throwing out your enemies left and right—exactly as God said.
- <sup>20-24</sup> The next time your child asks you, "What do these requirements and regulations and rules that God, our God, has commanded mean?" tell your child, "We were slaves to Pharaoh in Egypt and God powerfully intervened and got us out of that country. We stood there and watched as God delivered miracle-signs, great wonders, and evilvisitations on Egypt, on Pharaoh and his household. He pulled us out of there so he could bring us here and give us the land he so solemnly promised to our ancestors. That's why God commanded us to follow all these rules, so that we would live reverently before God, our God, as he gives us this good life, keeping us alive for a long time to come.

<sup>25</sup> "It will be a set-right and put-together life for us if we make sure that we do this entire commandment in the Presence of God, our God, just as he commanded us to do."